

Thank You Wishes

Kate Wilson illustrated by Jacqui Grantford

Grandma helps Molly to

- appreciate what she has
- see the possibilities in life rather than all that she can't do.
- see the rain as an opportunity rather than a disappointment.
- focus effort and persevere. eg drawing a variety of bikes over time

Our own thinking affects the way we experience the world.

To make things possible we need

- self belief / confidence
- positive self talk
- courage to try things
- to dream

Practise

- appreciation
- looking for the positive/opportunity in any situation

Thank You Wishes are about

- appreciation,
- hope
- positive focus
- the need for children to give their dreams space to grow

Suggested follow up activities

After Thank You Wishes task

Encourage making the best out of difficult situations – eg raining gave Molly the opportunity to write her thank you wishes.

Explain the half glass can be seen as half full or half empty



“Would I tell myself the glass is half full ... or half empty?”

Find the opportunity game – use fun ball and throw at random to students as you say ‘find the opportunity in...’ and give a scenario such as ...

- you are not allowed to use the oval
- you forgot it was a free dress day
- the electricity goes off while you are watching tv
- you have a broken arm
- your friend is away from school
- the great book you were reading is missing the last two pages.
- one of the remote controls on the wii is not working
- you have lost your Mum’s mobile phone

Draw your ideal future ... school; pet; holiday; house; party, car

Think of something you have to do at home or school which you don't really like and answer these questions...

Why do I dislike it?

What could I do to make it any better?

How could it change so that it would be better?

<http://www.authorstream.com/Presentation/Vital-42590-Optimism-Silver-Lining-Every-Cloud-Or-Chasing-Away-Clouds-Teaching-as-Education-ppt-powerpoint/>

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This illustration establishes the two main characters & their love for each other. Their expressions will be the key to it.

This is an actual copy of one page of the storyboard that Jacqui Grantford sent back to Kate during their collaboration.

Choose another illustration in *Thank You Wishes* and pretending you are Jacqui, write and tell Kate about the features that will be in the painting and how and why it fits with the text for that page.

Suggested follow up activities

After *Thank You Wishes* task

Open Mind Portraits

- Fold a piece of paper in half.
- Draw a large head and shoulders shape of Grandma or Molly with the top of the head on the fold of the paper.
- Cut out the portrait shape leaving enough of the fold intact so that you have a hinged open mind portrait of your character.
- Draw and colour in the face of your character on the front for display
- In the centre portion of your portrait either in writing or using mind-mapping techniques show what is happening in your character's mind at a certain stage of the story or the changes in your character's mind during the development of the story.
- Your open minded portrait should show your understanding of the character's thoughts and reasons for actions

Learning Journal

Complete a daily learning journal in which you record

- your learning goals
- observations about your self-talk during a task
- comments on any reframing of self-talk
- evaluation of your success in tasks
- evaluation of the effect of reframing on your enjoyment as well as success in tasks

Investigate Stereotypes.

Compare and contrast several examples of grandmothers in picture books, drawing on text and illustrations as evidence.

Open mind portraits

<http://www.bgsu.edu/colleges/library/crc/webquest/aquamarine/omindport.html>